

ITALIA!

Issue 189 February/March 2021 £5.50

www.italytravelandlife.com

CULTURE PEOPLE FOOD WINE PROPERTY TRAVEL

ROME SWEET ROME

Rediscover the splendours of the Eternal City

ARMCHAIR TRAVEL

48 HOURS IN ASSISI

Visit the Umbrian hilltop town dedicated to Italy's most famous saint

Taste Italia!
The best Italian food and drink for 2021

Secret Sardinia

Explore ancient traditions from inland Barbagia

SKI IN STYLE

Why Cortina d'Ampezzo has plenty to offer both on and off the slopes

Enjoy life on the Italian Riviera

BEAUTIFUL BRESCIA
10 REASONS TO VISIT LOMBARDY'S SECOND CITY

THE UK'S AWARD-WINNING MAGAZINE ABOUT ITALY



FEBRUARY/MARCH ITALIA!

THIS MONTH *Top Picks*

Make a coffee and browse through our bumper round-up of **Italian-inspired** products...

BAGS OF COOL >

Change the straps to wear this CINI No.2 bag three ways. Made of silicone, €60 approx, www.dama.it



> FLORENCE IN VIEW

Stunning semi-precious stone mosaic in the *commissio fiorentino* tradition, €420, www.florenceclam.com/it



> **SWEET FEET**
Fragranced recycled wool slippers, €19, www.patrizia-shoes.com

< GO FOR THE BURN

From The Little Dove Company, this fragrant candle lasts over 50 hours, €16.49, www.lumieresuk.com



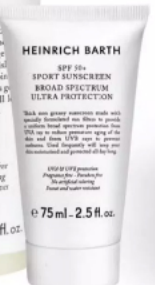
> CHANGE THOSE SPOTS

Versace Medusa Royale faux leopard print cushion, 45x45cm, £590, www.amara.com



< SMOOTH OPERATORS

Inspired by adventurer Heinrich Barth, these Italian-made skincare products are perfect for everyday use. Prices vary, www.heinrich-barth.com



> IN FOR A POUND

Made from solid marble, this sturdy mortar comes with a wooden pestle, €190 approx, www.viadurini.it

